

## Adopt A Chaplain Outreach

Pastor Vince has 'adopted' a Chaplain who is serving and ministering to our men and women in Iraq. His name is Chaplain Douglas Fleischfresser. This ministry will continue AT LEAST until January of 2010.

Below you will find a list of items wanted or needed by the chaplain, and we hope you can all help out with this sponsorship ministry, by donating items from the list. We will post these needs in the bulletins, newsletters, and by email when necessary, and you can bring the items to church with you Sunday mornings, or to the church office during the week. The church office will be responsible for packing these items up and shipping them out. For security reasons, only the Pastor will have the Chaplain's actual location in Iraq. Shipping costs brings up another 'need'. If anyone would like to donate money to go towards the shipping costs of mailing these packages, that would be a huge help! A Large 'APO' Flat Rate Box costs \$11.95

Also, please pay close attention to the "What Cannot Be Sent" section of the list. We have to adhere to the strict guidelines set, or these packages may not get delivered.

### **Here is our first list of needed items:**

**Shipping Postage** \$11.95 donations for large 'APO' Flat Rate Boxes

**WARM WEATHER NEEDS:** fly swatters, sticky fly paper, body powder (for heat rash), ankle socks for men and women.

**TROOP MAIL:** Letters/Cards of appreciation, Holiday cards, sent to the Chaplain c/o Troop Mail for those Troops who get little mail.

**HOLIDAY SUPPORT:** Please send wrapping paper, tape and small gifts (male or female) for the Chaplain to put under the tree for our sailors and little dangling things (key chains, crosses, book-marks, etc).

**HYGIENE ETC:** (male and female): Q-tips, mouthwash, hair conditioner, shampoo, razors, baby wipes, foot care products, skin moisturizer, hand sanitizer, Ziploc bags (Qt. & Gal. sizes), shower shoes, nail clippers, Feminine products

**FOOD/BEVERAGE:** Single serve sugar/creamer, Pringles, prepackaged cookies, cheese crackers, power bars, granola bars, Nature Valley and trail mix bars, beef jerky, Cup of Noodle soups (chicken or beef flavored), Tuna fish cracker snack packs, cereal, gummy bears, gum, cashews, nuts, sunflower seeds, pop tarts, cans of fruit, trail mixes (individual servings).

**ENTERTAINMENT:** DVD movies, recorded TV/Sports shows on DVD, books (thrillers, spy, Sci-Fi, Western), magazines (sports, fitness etc., newspapers, Army Times, ladies), crosswords, word search, Sudoku, travel size games, stationery, pens, all occasion cards/holiday cards to mail home, AT&T Prepaid Calling cards.

**WHAT CANNOT BE SENT:** Pork products, alcohol, pornographic materials, liquid hand sanitizer, or aerosol cans (they may explode). **Do not** send products in glass containers (unless they are bubble-wrapped a few times. Package all food items that may leak in zip-lock bags. Put all liquid items in a zip-lock bag. **Due to the extreme heat, chocolate is not mailed during the summer months.**